

WORKSHOP - CULTURE

THE 12 SUCCESS PATHS TO HOW WOMEN RISE

The habits that got you here
won't get you there.

*What holds
women
back is
rarely skill.
It's the
habits that
once
worked.*

WHAT IT'S ABOUT

Built on the bestseller *How Women Rise* and the twelve habits that quietly limit women's advancement. Participants spot their own patterns, replace them with behaviours that build visibility and influence, and leave with a personal action plan.

IS THIS WORKSHOP FOR YOU?

- 1** Strong female performers get overlooked for promotion, again.
- 2** Women in your pipeline over-prepare, and under-claim their work.
- 3** Your leadership pipeline narrows sharply above middle management.

Typically: high-potential and talent programmes, women's networks, ERGs, HR and L&D.

WHAT WILL BE DIFFERENT

- Clarity on which of the twelve habits are personally in the way.
- Strategic communication, visibility, and self-advocacy tools.
- A personal action plan and peer-coaching structures.
- Participants become more intentional about shaping their own careers.

WHO IT'S FOR

Emerging female leaders, high-potential women and talent programs, women in middle-management or senior specialist roles, ERGs and women's networks.

TRUSTED BY

A Construction Company

FORMAT & PACKAGES

Compact Professional Intensive
Curious? Write to us: gruezi@ameliorate.ch

CONNECT



Built on

How Women Rise
(Helgesen,
Goldsmith)

Guided by

- Awareness before confidence.
- Habits before outcomes.
- Visibility with integrity.

Every ameliorate
program helps
organisations see more,
own more, and achieve
more together.

